



YOUR LYNX® SUNRAIL WEEKDAY CONNECTIONS

STATION

FREQUENCY

SANFORD

34 - SANFORD/GOLDSBORO

30 minutes peak/60 minutes off-peak

46E - SR46/MIDWAY

30 minutes peak/60 minutes off-peak

46W - SR46/SEMINOLE TOWNE CENTER

30 minutes peak/60 minutes off-peak

NeighborLink 651 - GOLDSBORO

60 minutes

LAKE MARY

45 - LAKE MARY

30 minutes peak/60 minutes off-peak

LONGWOOD

434 - STATE RD. 434 CROSSTOWN

60 minutes

ALTAMONTE SPRINGS

436N - FERN PARK/APOPKA

30 minutes

MAITLAND

102 - ORANGE AVE./SOUTH U.S. 17-92

15 minutes/15 - 60 minutes off-peak evenings

NeighborLink 652 - MAITLAND CENTER

6:05, 7:05 and 8:05 a.m./5:15, 6:15 and 7 p.m.

WINTER PARK

01 - WINTER PARK/ALTAMONTE SPRINGS

60 minutes

09 - WINTER PARK/ROSEMONT

60 minutes

14 - CALVARY TOWERS

60 minutes

23 - WINTER PARK/SPRING VILLAGE

60 minutes

102 - ORANGE AVE./SOUTH U.S. 17-92

15 minutes/15 - 60 minutes off-peak evenings

443 - LEE RD./CROSSTOWN

60 minutes

FLORIDA HOSPITAL HEALTH VILLAGE

102 - ORANGE AVE./SOUTH U.S. 17-92

15 minutes/15 - 60 minutes off-peak evenings

125 - SILVER STAR RD. CROSSTOWN

20 minutes/30 - 60 minutes off-peak

LYNX CENTRAL STATION

34 ROUTES

Various

CHURCH STREET

LYMMO - ORANGE LINE

5 minute peak/10 minutes off-peak

LYMMO - GRAPEFRUIT LINE

10 minutes peak/15 minutes off-peak

ORLANDO HEALTH/AMTRAK

40 - AMERICANA BLVD./UNIVERSAL ORLANDO

60 minutes

SAND LAKE ROAD

11 - S. ORANGE AVE./ORLANDO INTL. AIRPORT

30 minutes

18 - S. ORANGE AVE./KISSIMMEE

60 minutes

42 - INTL. DR./ORLANDO INTL. AIRPORT

30 minutes

111 - OIA/SEAWORLD

30 minutes/60 minutes off-peak

208 - DOWNTOWN KISSIMMEE XPRESS

60 minutes/peak service only

418 - FLORIDA MALL/MEADOW WOODS/MEDICAL CITY

60 minutes

SunRail peak service is generally 5:30 - 8:30 a.m. and 4:00 - 7:00 p.m. weekdays; however, times vary based on SunRail station location and direction of travel. Please check schedule information at www.SunRail.com prior to travel.

LYNX makes every effort to coordinate connecting bus schedules with SunRail train schedules, however due to changing conditions on local roads and the desire to coordinate schedules with other LYNX routes, a layover may be necessary.



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